

## Kitchener Massage Therapy

Kitchener Massage Therapy - Manipulation of the visceral organs is a physical treatment which works on the visceral organs of an individual's body which includes the liver, intestines, heart, and stomach. As soon as the first evaluation has finally been done, the hands of the practitioner would be lightly positioned on top of the organs which can be blocked and are not flowing with the normal rhythm of a person's body that could cause some form of physiological impairment. The objective of the treatment is to have natural mobility and motility, natural tissue motion of the tone and viscera. Our bodies need balanced movement in order to be fit and function right. Whenever tissues become infected or even swollen, they are known to lose normal motion.

Mobility is defined as the pushing and pulling of adjoining tissue. Visceral organs move in reaction to exterior forces that may be either voluntary or involuntary. The functional impairment of the organ implies limitation.

Motility is defined as the organ's active, fundamental movement and may also be the kinetic expression of tissues in motion. Embryologic axes and directions of all these motions are inscribed within the visceral tissues and take place round a point of stability and moves away and toward the median axis of the body. This is actually referred to as expir and inspir, and cycles between 7 and 8 cycles per 60 seconds. The very goal of improving organ function and bringing back a much better physiological movement is acquired by making use of particular techniques in order to treat areas of altered or reduced motion.