

Registered Massage Therapist Kitchener

Registered Massage Therapist Kitchener - Someone who works with energy fields surrounding the animal or human body is actually called an energy healer. The fields of energy that surround living things have been referred to as aura, body, chi, qi, chakra body, or the energy body. To an energy healer, the name is not as essential as the effects of working with it.

Healing with energy fields is an important component to whatever holistic healing plan in view of the fact that the energy fields surrounding our human body and the other items surrounding us are intimately related to our overall well-being. Energy work is related with the gateway of the Spirit. The Body Gateway is connected with physical healing, the Mind Gateway is related to mental and emotional healing and the Spirit Gateway is associated with energy healing.

Numerous energy healers think that most dis-ease originates from blockages of energy and can be healed by releasing blocked energy inside the body. For example, respiratory ailments can feature a blockage of energy around the lungs. As soon as an energy healer unblocks that particular area, your respiratory problems should vanish or lessen.

Depending on the system they work with, energy healers work in different ways. The fundamentals are the following: exorcising negative fields, unblocking, re-routing and charging with light. Your local spiritual bookstore or metaphysical store might be able to put you in touch with an energy healer if you feel this might be best for you.