

Rehab Kitchener

Rehab Kitchener - EECp therapy is a fairly new outpatient treatment for heart failure and angina. People with heart ailments may find the simple daily activities somewhat difficult. Activities such as walking the dog or getting the mail can present some difficulties. If you or perhaps somebody you know suffers from angina or heart failure, the non-invasive treatment known as EECp therapy can be useful. Statistics show that approximately 80 percent of individuals who complete the 35 hour course of EECp therapy report substantial symptom relief that can last as long as 3 years.

EECP therapy has proven to be a helpful treatment for angina and heart failure. Usually, treatments are given for one hour a day, 5 days a week for a total of 35 hours. A treatment session involves lying on a comfortable treatment table using big blood pressure like cuffs wrapped around your legs and your buttocks. At specific times in between your heartbeats, these cuffs inflate and deflate. A continuous ECG or likewise known as an electro cardiogram is used to set the timing. This insures that the cuffs inflate while the heart is in its resting state where it usually receives its supply of blood and oxygen. The cuffs then deflate at the end of that rest period, just prior to the next heartbeat. The individual wears a special sensor on their finger to monitor the levels of oxygen in their blood. The sensor also monitors the pressure waves created by the cuff deflations and inflations.